



LEADER GUIDE

RECHARGE SMALL GROUP STUDY

6-WEEKS

Week 1

April 8

Title: Sense the Need/Better
"Warning" Display

Video: Pastor Mike

Gathering (5 minutes)

1. For new groups, start with simple introductions, including name and place of worship.
2. For existing groups: Easter was only 1 week ago. What did you do to celebrate the resurrection of Christ?

Group check in (6 minutes) Use prayers from previous week. (This might not be relevant for all groups.)

Opening prayer. O Lord, our God, pour out your Holy Spirit once again, that the world may know the gifts and blessing of your power. Take away our confusion and grant us clarity of vision. Open our senses to the mystery and wonder of faith. Open our minds to the signs of hope you seek to share with us. We are indeed your church, called together in one place for praise and thanksgiving. Let your Holy Spirit fill this space and sanctify our lives. Amen. (Abingdon Worship Annual 2014, adapted.)

Centering (5 minutes)

1. Read Matthew 11:28-30.
2. Reflect on the scripture. What did you hear?
3. Reflect on the sermon from this week. What challenged you? What encouraged you?

Video 1 (2 minutes)

Group Discussion (10 minutes)

1. What are some signs we recognize in ourselves that tell us we are low on spiritual/emotional/physical power? What do these signs have in common?
2. What activities/thoughts/feelings/service/sin drain our spiritual battery faster than others?
3. In what circumstances are you more likely not to notice you are getting fatigued?
4. What brings you back to God to be recharged?
5. Read Romans 7:15-25 out loud with your group.
6. What are your initial thoughts? What stuck out to you?

Video 2 (2 minutes)

Group Discussion

1. Read and reflect on verses 18 and 19 (The desire to do good is inside of me, but I can't do it. ¹⁹I don't do the good that I want to do, but I do the evil that I don't want to do). Name the struggle that you have with knowing what is good, but sinning anyway. What makes you aware of this struggle? How do you differentiate the desire to do good and the strong pull to do the opposite?
 2. What is the role of staying charged in resisting temptation?
 3. What practical steps can you take to redirect your desires away from the easy, but ineffective charge and direct them toward connection to God?
-

