



**We Welcome Our Guests** to Ankeny First! At today's worship service we pray that you will sense a new and energized connection with the presence of God as we worship through singing, praying, learning, and experiencing together. We invite you to tear off the Connect Card, fill it out and drop it in the offering baskets.

RESPOND  
CONNECT  
WORSHIP  
OUR METHOD

CONNECT

**Children** are always welcome in worship, and "Worship Bags" containing children's activities are available for them to use. Childcare is provided on Sunday mornings for infants and toddlers, as well as Sunday School for children ages 3 and up. Just ask an usher for assistance in finding the nursery or Sunday School rooms. A "Wee Care" Room is located in the balcony of the Uptown Sanctuary, so little ones can play while parents watch and listen to worship.

**Special Needs Resources** Uptown & Faith Chapel: large print hymnals and bulletins, wireless hearing aids, and wheelchairs. CLC: Wheelchairs.

**Fellowship** You are all invited to Sunday morning Fellowship Time! It occurs between our worship services at all three sites.

**Communion** The first weekend of each month.

**Worship**

**Uptown:** 206 SW Walnut St ~ **964.4249**  
Sundays 8:30 & 11:00am ~ Traditional  
9:45am ~ Contemporary  
**Christian Life Center:** 710 NE 36th St ~ **289.9153**  
Saturdays 5:30pm ~ Contemporary  
Sundays 9:00am & 10:45am ~ Contemporary  
**Faith Chapel:** 7384 NW 16th St ~ **964.4249**  
Sundays 9:00am ~ Traditional  
10:30am ~ Casual

**Sunday School**

**Uptown:**  
9:45: 3yr old -7th grade  
11:00: 3yr old -7th grade  
9:45: Seekers (adult) Rm 317  
9:45: Disciple's Dojo (adult) Rm 310  
9:45: Sunday School (adult) Rm 314  
**Christian Life Center:**  
9:00: 3yr old -8th grade  
10:45: 3yr old -8th grade  
**Faith Chapel:**  
10:30: 3yr old-3rd grade

Nursery available at all Sunday services.

At Ankeny First, we are intentional in keeping our Membership Covenant to uphold the United Methodist Church by our PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS:

**PRAYERS:** The following are some of our joys and concerns:  
**Hospitals:** **Bridges:** Bev Lewis **Journeys:** Verland McColly **Lutheran:** Jerry Weiss **Methodist:** Tina Davis, Barbara Piatt **Sunny View:** Kay Hill **Discharged:** Lory Johnson, Lynda Smith  
**Sympathy to:** Jan Boehm on the death of her brother-in-law on August 23. ♦ Patty Jackson on the death of her brother-in-law, Dwight, on August 30.  
**Baptism: (UPT 11:00)** Brooklyn Beth Howe, daughter of Jon & Laura Howe.

**PRESENCE:** The following are attendance figures from last week:  
**WORSHIP:** (Online) 71 (Sat CLC) 55 (8:30) 170 (9:45) 105 (11:00) 86 (CLC 9:00) 232 (CLC-10:45) 114 (FC-9:00) 35 (FC-10:30) 14 Total = 882

**GIFTS:** Thank you for your ongoing generosity to our ministries and missions. You can give on-line at [ankenfirst.org/give.htm](http://ankenfirst.org/give.htm) or by texting "AnkenyFirst" to 77977 for a direct link.

Find us on the web at [www.AnkenyFirst.org](http://www.AnkenyFirst.org).  
Find events at <https://ankenfirst.churchcenter.com/registrations/events>

**Guest Reception & Orientation** Are you new to Ankeny First? Have questions about our church? Want to know what Ankeny First is all about? Join us **TODAY Sept. 8** at 1:00pm for in the Uptown Family Center for an opportunity to meet some of the pastors and staff. Learn about our process for making disciples of Jesus Christ, hear about our unique three-site faith community, and visit our Ministry Fair to learn more and find ways you can get involved.

**Young Adults Small Group** Come join in the conversation! This group is for those who have graduated high school and are not yet ready to start a family. They meet at 7:00pm on Thursday nights in Uptown Room 313 beginning **September 12**.

**Why Not Try Alpha?** Wondering how to *connect* with others and deepen your faith? Heard about small groups and not sure where to start? #TryAlpha. Alpha is for everyone! 50+ year members, new members, non-members; we all have questions about life and meaning. Alpha is a series of sessions exploring the Christian faith. The sessions include a meal, a topic discussion and good conversation. No pressure, no judgment—just an opportunity to hear from others and contribute your own thoughts in an honest, friendly and open environment. Beginning **Sept. 15** at 5:30pm in the Uptown Fellowship Hall. Why not? Questions? Contact Kim Harmon at [keckertdpm@aol.com](mailto:keckertdpm@aol.com).

**Experiencing God** by Henry T. Blackaby & Richard Blackaby, is a 13-week study that focuses on the Seven Realities for Experiencing God—those Moses experienced in Exodus 3—that teach believers how to develop an obedient love relationship with God. It explores truths like "God is always at work around you" to introduce a biblical pattern by which God reveals His will so that believers can join His activity in the world. This is a very friendly small-group study that is workbook and video based beginning Monday, **Sept. 16** at 6:30pm in the Uptown Conference Room. Childcare available with advance notice.

**Daytime Study Group** We have a Tuesday afternoon group that meets in the Uptown Conference Room at 1:00pm every Tuesday afternoon as a Sermon Series Small Group. Come join in the conversation about the sermon series and make a few new friends while you're at it.

**Spiritual Retreat** Join us for a time to retreat, reflect, reconnect, reset, renew at our Faith Chapel location, 7384 NW 16<sup>th</sup> St., Sat., **Sept. 21** from 9:00am– 3:30pm. Sam Erwin, MS, MA, ATR will lead you through times of meditation, prayer, creating, movement, silence and writing. Register on our website at [AnkenyFirst.org](http://AnkenyFirst.org).

**Live Well** is an easy to follow, clinically proven program using spirituality and science to decrease the effects of depression and anxiety. An orientation will be Tues., **Sept. 24** at 6:30pm at St. Paul Lutheran Church, 1100 SE Sharon Dr, Ankeny. This course is broken into two separate classes—one for depression and one for anxiety, each lasting eight weeks. The cost is \$5. Classes start on Oct. 1.

**Wednesday Small Group** Beginning 7:00pm Wed., **September 25** in Uptown Room 317, join this six-week study of Adam Hamilton's book, *Simon Peter*. Take an in-depth look at the life, faith and character of this flawed but faithful disciple.

**Ladies, Please Join Us!** UMW Circle meetings will resume soon. This is your invitation to enjoy fellowship as we serve together. You will find a list of Circles and meeting times in UMW brochures at the Welcome Center. Contact Michaela Owens at 964.4640 / [rmowens2@mchsi.com](mailto:rmowens2@mchsi.com) for more information.

**Ankeny First Singles Ministry Team** encourages all Christian singles over 30 to join us for fellowship, activities/games, and fun on the third Saturday of every month. We will be meeting from 7:00 to 10:00pm Saturday, **Sept. 21**, at JC's Café, located just west of the main Uptown building. Bring a favorite snack to share!

**Opportunities to Respond**

A. I would like to help the church in a **NEW** way in the checked ministry area below:

- Worship Arts (anything music, audio/video)
- Worship Hospitality (usher, greeter, welcomer, communion server)
- Small Groups  Sports & Fitness
- Youth  Children's
- Missions  Christian Care

B. I would like to serve in the following **UPCOMING** ways:

- I would like to volunteer to help with our "Skills & Drills" basketball program.

*(Please make sure to fill in your name & contact information on the reverse side of this card.)*

**Congregational Care**

We always want to know how we can reach out to individuals who need our care. If you know of someone we've missed, please let us know.

Name \_\_\_\_\_  
Contact Info. \_\_\_\_\_  
Hospital \_\_\_\_\_

**Stay Informed**

- I would like the twice monthly e-newsletter or our Thursday "This Weekend @First" email:
- E-Mail \_\_\_\_\_

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Sun. 9:00 10:45

Please update the following:

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Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Names and grades of children in attendance: \_\_\_\_\_

### I am a:

First Time Guest

Member/Friend

Guest less than 6 months

## Prayer Requests

Prayers requested for anyone who is not a member of your family require that you have obtained their express permission to request prayers on their behalf.

### Please select one.

Please put this on our public prayer chain.

Please keep this confidential to pastors and church staff only.

\_\_\_\_\_

\_\_\_\_\_

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**September Missions of the Month: Women at the Well & Ingathering Hygiene Kits** Women at the Well is a UM congregation located within the walls of the Iowa Correctional Institution for Women in Mitchellville. Ankeny First has long been a partner with **Women at the Well**, which means that we have promised to support them financially as well as through our prayers. Our gifts will be a blessing and an encouragement to many. Please find a Mission of the Month offering envelope at the Welcome Center, or write "Women at the Well" in your check memo.

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**The Ingathering School Kit Team** will meet in the Family Center Saturday, **Sept. 14**, at 10:00am to pack school kits and cut school bags. Please bring any suitable fabric (heavy corduroy, canvas, denim, etc.), scissors, and measuring tape. We will be finished by noon, in time for the ISU/IA game! Completed kits can be accepted until **Oct. 26**, so please continue to donate. Pick them up at all three sites. Questions? Contact Pam Zivley ([pjheilskov@gmail.com](mailto:pjheilskov@gmail.com)) or 515.257.0557.

**Blood Drive Challenge** For every pint of blood over 20 pints (which is our average), the Christian Care Cluster will donate money to Ankeny Community Schools FUEL (Filling Up Every Learner) account. This allows students with lunch account balances of negative \$50 or more to access money for a meal. What a great way to *respond* to God's love in our community! Our next blood drive will be on **Sept. 17** at our Uptown location, 1:30-6:00pm. Register at [www.lifeservebloodcenter.org](http://www.lifeservebloodcenter.org). Questions? Contact Judy Ruble, 515.729.9482.

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**"Skills and Drills"** is a co-ed basketball program for kids in Kindergarten through 5th grades. This program works on the fundamentals of basketball including dribbling, shooting, and being a team player. Cost is \$20/child. "Skills and Drills" will be held on Tuesdays **Oct. 8 - Oct. 29**. Sessions are broken out as follows: Kindergarten-2nd 6:00-6:45pm and 3rd-5th grade-7:00-7:45pm Registration is open on our website. We also need volunteers for this program. If you are interested in volunteering contact [Marcie.Mulford@AnkenyFirst.org](mailto:Marcie.Mulford@AnkenyFirst.org) or sign the Connect Card.

# Welcome

**Uptown Campus—Traditional Worship**  
**September 8, 2019—8:30am**

### PRELUDE

WELCOME / \*CONGREGATIONAL GREETING

\*CALL TO WORSHIP

\*PROCESSIONAL HYMN

*"Come Thou Fount of Every Blessing"* #400

\*OPENING PRAYER

*"Gloria Patri"* #71

ANTHEM Instruments of Peace

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

*"Surely the Presence of the Lord"* #328 (sing twice)

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

\*DOXOLOGY / \*PRAYER OF DEDICATION

HYMN OF REFLECTION

*"Be Still, My Soul"* #534

SCRIPTURE Mark 1:4-13

SERMON *"Receiving Power"* Rev. Angie Loomis

\*HYMN OF SENDING *"It Is Well with My Soul"* #377

\*BENEDICTION / POSTLUDE

*\*Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Worship Hosts:

*Greeters*—Paralee Lane, John & Pat Malone, Ralph & Michaela Owens

*Ushers*—Betty Arnold, John & Dorothy Barnhardt, Ken Kise, Jr., Darrell Krei, Terry McAnally

*Organist:* Kim Field *Tech Support:* Sherrill Marske, Marc Smith

*Liturgist:* Rev. Mike Janes *Hymn Leader:* Mike Ortel

*Instruments of Peace Director:* Nate Newhard

### Our Mission:

*To be an open and inviting community of faith through which God grows deeply committed Christians.*

### Our Method:

Worship | Connect | Respond





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Please update the following:

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\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Names and grades of children in

attendance: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Please put this on our public prayer chain.

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# Welcome

## Uptown—Contemporary Worship September 8, 2019—9:45am

### WELCOME

\*GATHERING/GATHERING SONG "There Is Power"

\*CALL TO WORSHIP

\*SONG OF WORSHIP "What a Beautiful Name"

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

"Fall Afresh"

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY "Another in the Fire"

\*DOXOLOGY / \*PRAYER OF DEDICATION

SONG OF REFLECTION "In Christ Alone"

SCRIPTURE Mark 1:4-13

SERMON "Receiving Power" Rev. Angie Loomis

\*SONG OF SENDING "Your Name Is Power"

\*BENEDICTION

*\*Please stand in body or spirit.*

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*Ushers*—Rhonda Alessio, Deb Briggs, Kelly Burgess, Frances Mensah, Heidi Warren

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### Our Mission:

*To be an open and inviting community of faith through which God grows deeply committed Christians.*

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FAITH CHAPEL: 7384 NW 16th Street  
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\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

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# Welcome

**Christian Life Center  
Contemporary Worship  
September 8, 2019—9:00 & 10:45am**

\*PRAISE

PRAYER

CHILDREN'S TIME

OFFERING OF OURSELVES

SCRIPTURE

Mark 1:4-13

SERMON

"Receiving Power"

Rev. John Wagner

\*CLOSING SONG

*\*Please stand in body or spirit.*

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NEWS

FITNESS

# Welcome

## Uptown—Traditional Worship

September 8, 2019—11:00am

PRELUDE

WELCOME / \*CONGREGATIONAL GREETING

\*CALL TO WORSHIP

\*PROCESSIONAL HYMN

*"Come, Thou Fount of Every Blessing"* #400

\*OPENING PRAYER

*"Gloria Patri"* #71

ANTHEM Instruments of Peace

SACRAMENT OF HOLY BAPTISM

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

*"Surely the Presence of the Lord"* #328 (sing twice)

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

\*DOXOLOGY / \*PRAYER OF DEDICATION

HYMN OF REFLECTION

*"Be Still, My Soul"* #534

SCRIPTURE Mark 1:4-13

SERMON *"Receiving Power"* Rev. Angie Loomis

\*HYMN OF SENDING *"It Is Well with My Soul"* #377

\*BENEDICTION / POSTLUDE

*\*Please stand in body or spirit.*

Today's Worship Helpers are listed below:

**Worship Hosts:** *Greeters*—Doug & Paula Boyce, Keith & JoAnn Carlson  
*Ushers*—Lisa Keller, Ruth McGee, Tara Ramsey, Jack & Rhonda Stewart

**Organist:** Kim Field **Hymn Leader/Liturgist:** Carol Torrents

**Tech Support:** José Clavell, Sherrill Marske

**Instruments of Peace Director:** Nate Newhard

**Our Mission:**  
*To be an open and inviting community of faith through which God grows deeply committed Christians.*

**Our Method:**  
Worship | Connect | Respond





# CONNECT Card

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*Uptown:* 8:30 9:45 11:00

*Faith Chapel:* 9:00 10:30

*Christian Life Center:* Sat. 5:30

Sun. 9:00 10:45

Please update the following:

Name \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Names and grades of children in attendance: \_\_\_\_\_  
\_\_\_\_\_

### I am a:

First Time Guest

Member/Friend

Guest less than 6 months

## Prayer Requests

Prayers requested for anyone who is not a member of your family require that you have obtained their [express permission](#) to request prayers on their behalf.

### Please select one.

Please put this on our public prayer chain.

Please keep this confidential to pastors and church staff only.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

RESPOND

NEWS

FITNESS

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# Welcome

**Christian Life Center  
Contemporary Worship  
September 7, 2019—5:30pm**

WELCOME / \*PRAISE SONGS

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

SCRIPTURE Mark 1:4-13

SERMON "Receiving Power" Rev. Lewis Cox

\*CLOSING SONG

\*BLESSING

*\*Please stand in body or spirit.*

**Our Mission:**

*To be an open and inviting community of faith through which God grows deeply committed Christians.*

**Our Method:**

Worship | Connect | Respond



**UPTOWN CAMPUS:** 206 SW Walnut Street  
**FAITH CHAPEL:** 7384 NW 16th Street  
**CHRISTIAN LIFE CENTER:** 710 NE 36th Street

# CONNECT Card

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Please update the following:

Name \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

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\_\_\_\_\_

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\_\_\_\_\_

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Please put this on our public prayer chain.

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**NEWS**

**FITNESS**



**Faith Chapel—Traditional Worship  
September 8, 2019—9:00am**

**PRELUDE**

**INTROIT** *"Just a Closer Walk with Thee"* [arr. Berry/Van Valey]  
Bells of Faith with Carrie Moton on violin

**WELCOME**

**ANNOUNCEMENTS**

**\*CALL TO WORSHIP**

**\*OPENING HYMN** *"Come, Thou Fount of Every Blessing"* #400

**\*PRAYER OF CONFESSION**

**\*WORDS OF PARDON AND ASSURANCE**

**\*OUR RESPONSE** *"Glory Be to the Father"* #70

**\*PASSING OF THE PEACE**

**PRAYERS OF THE PEOPLE ~JOYS, CELEBRATIONS & CONCERNS**

**OFFERTORY** *"My Life Is In You, Lord"* [arr. Bettcher] Bells of Faith

**\*DOXOLOGY / PRAYER OF DEDICATION** #95

**SERMON HYMN** *"Be Still, My Soul"* #534

**SCRIPTURE** Mark 1:4-13

**SERMON** *"Receiving Power"* Pastor Lewis Cox

**\*HYMN OF DEDICATION** *"It Is Well with My Soul"* #377

**\*BENEDICTION/BENEDICTION SONG**

*\*Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Audio/Video: Dean Pollpeter Keyboard: Kay Riggins

Bells of Faith Director: JoAnn Orthel

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# Welcome

## Faith Chapel—Casual Worship September 8, 2019—10:30am

WELCOME & ANNOUNCEMENTS

\*PASS THE PEACE OF CHRIST

\*PRAISE SONGS

PRAYERS OF THE PEOPLE/JOYS, CELEBRATIONS, & CONCERNS

OFFERTORY

"Revelation Song"

SCRIPTURE

Mark 1:4-13

SERMON

"Receiving Power"

Pastor Lewis Cox

\*BENEDICTION

*\*Please stand in body or spirit.*

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