



We Welcome Our Guests to Ankeny First! At today's worship service we pray that you will sense a new and energized connection with the presence of God as we worship through singing, praying, learning, and experiencing together. We invite you to tear off the Connect Card, fill it out and drop it in the offering baskets.

CONNECT

Annual Trunk or Treat Event—Sunday, **October 27**, 3:00-5:00pm at the CLC! The Ankeny First Trunk or Treat event is the place to come with your family, friends and neighbors! All are invited to enjoy free hot dogs, chips and drinks, and the kids can walk around gathering treats from the creative trunks. Contact Pat.Crownover@AnkenyFirst.org if you are willing to volunteer, or sign the CONNECT card. Many have volunteered to help and we can still use more folks, but really need more decorated car trunks. It's fun and lets your creativity show! Donations of candy are welcome, too. Bring candy to the Uptown office. Thanks!

Ready to Try a Small Group Study? "Invitation to the Old Testament" is an 8-week, DVD-based class that begins on **October 7** at 6:30pm in the Uptown Conference Room. So much of what Jesus taught us has its foundation in the Old Testament. Come, learn how it all happened in the beginning and what we've learned through archeological digs since the Bible was written. We hope you'll consider joining.

Rebuilding When Your Relationship Ends is a follow up to Divorce Care and is for those who are wanting to put their lives back together after a love relationship ends using the "rebuilding blocks". All who have been in a relationship that has ended, divorced or otherwise are welcome to join beginning Sunday, October 20th from 3:30 – 5:00pm in Uptown Room 315.

New Member Class Have you been considering membership at Ankeny First? Are you following our method? *Worshipping* with us as often as possible? *Connecting* in a small group? Finding ways to *respond* to God's love through service to others? Then join us on **November 10** at 1:30pm in Uptown Room 310 for our New Member Class. Register online at www.AnkenyFirst.org.

Marriage Date Night Calling all couples! Join us for a night of laughter and music **November 8** at the CLC, featuring music by Jonny Diaz and comedians Amberly Neese and Leland Klassen. Only \$35 per couple. Get your tickets in the church offices or by using the link found on our church website (www.AnkenyFirst.org) then click the "Other Happenings" image).

Sermon Series Small Groups We have had a great response to our sermon series small groups, where people are connecting with others and deepening their faith. Join us as we study the Gospel of Mark. Lists of open groups can be found at the Welcome Centers at all sites. You can join these groups at any time.

Faith Chapel Soup Supper & Auction You are invited to join us on Saturday, **October 19**, for Faith Chapel's annual Soup Supper and Auction. It will be held from 5:00 to 7:00pm. Enjoy homemade vegetable and chicken noodle soups, drinks, bread, and dessert! Auction begins at 6:00pm. Adults \$10, Children (12 and under) \$5. Buy \$1 tickets for a drawing for a handmade quilt.

Transportation Help Available at the Ankeny Service Center If you find yourself needing transportation to and from doctor appointments, the Ankeny Service Center can help. Right now, they have availability Monday through Thursday, 8:00am-11:30am. Call 515.965.1976. They are also looking for more drivers who can help provide rides through this program.

NEWS

RESPOND



CONNECT



WORSHIP



OUR METHOD

Children are always welcome in worship, and "Worship Bags" containing children's activities are available for them to use. Childcare is provided on Sunday mornings for infants and toddlers, as well as Sunday School for children ages 3 and up. Just ask an usher for assistance in finding the nursery or Sunday School rooms. A "Wee Care" Room is located in the balcony of the Uptown Sanctuary, so little ones can play while parents watch and listen to worship.

Special Needs Resources Uptown & Faith Chapel: large print hymnals and bulletins, wireless hearing aids, and wheelchairs. CLC: Wheelchairs.

Fellowship You are all invited to Sunday morning Fellowship Time! It occurs between our worship services at all three sites.

Communion The first weekend of each month.

Worship

Uptown: 206 SW Walnut St ~ **964.4249**

Sundays 8:30 & 11:00am ~ Traditional
9:45am ~ Contemporary

Christian Life Center: 710 NE 36th St ~ **289.9153**

Saturdays 5:30pm ~ Contemporary
Sundays 9:00am & 10:45am ~ Contemporary

Faith Chapel: 7384 NW 16th St ~ **964.4249**

Sundays 9:00am ~ Traditional
10:30am ~ Casual

Sunday School

Uptown:

9:45: 3yr old –7th grade
11:00: 3yr old –7th grade
9:45: Seekers (adult) Rm 317
9:45: Disciple's Dojo (adult) Rm 310
9:45: Sunday School (adult) Rm 314

Christian Life Center:

9:00: 3yr old –8th grade
10:45: 3yr old –8th grade

Faith Chapel:

10:30: 3yr old-3rd grade

Nursery available at all worship services.

At Ankeny First, we are intentional in keeping our Membership Covenant to uphold the United Methodist Church by our **PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS:**

PRAYERS: The following are some of our joys and concerns:

Hospitals: Methodist: Tina Davis **Discharged:** Bev Lewis

Altar Flowers: In loving memory of Scott Van Der Heyden.

Baptism (CLC 9:00) Kylie Kay & Madison Michelle Nicklin, daughters of Joseph Nicklin & Tara Boyles, Garrett Glen Boyles, son of Eric & Tara Boyles, and grandchildren of Jill Boyles.

PRESENCE: The following are attendance figures from last week:

WORSHIP: (Online) 112 (Sat CLC) 70 (8:30) 171 (9:45) 89 (11:00) 82 (CLC 9:00) 260 (CLC-10:45) 170 (FC-9:00) 41 (FC-10:30) 17 Total = 1,012

SUNDAY SCHOOL (Uptown) 63 (FC) 9 (CLC) 151 Total = 223

GIFTS: Thank you for your ongoing generosity to our ministries and missions. You can give on-line at ankenfirst.org/give.htm or by texting "AnkenyFirst" to 77977 for a direct link.

Find us on the web at www.AnkenyFirst.org.

Find events at <https://ankenfirst.churchcenter.com/registrations/events>

Opportunities to Respond

A. I would like to help the church in a **NEW** way in the checked ministry area below:

- Worship Arts (anything music, audio/video)
- Worship Hospitality (usher, greeter, welcomer, communion server)
- Small Groups Sports & Fitness
- Youth Children's
- Missions Christian Care

B. I would like to serve in the following **UPCOMING** ways:

- I would like to volunteer to help with our "Skills & Drills" basketball program.
- I would like to host a trunk at the Trunk or Treat event on Oct. 27.

(Please make sure to fill in your name & contact information on the reverse side of this card.)

Congregational Care

We always want to know how we can reach out to individuals who need our care. If you know of someone we've missed, please let us know.

Name _____

Contact Info. _____

Hospital _____

Stay Informed

I would like the twice monthly e-newsletter or our Thursday "This Weekend @First" email:

E-Mail _____

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Sun. 9:00 10:45

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Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Names and grades of children in attendance: _____

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First Time Guest

Member/Friend

Guest less than 6 months

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HIIT F3 (High Intensity Interval Training) High Intensity Interval Training is a total body, heart-pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high-intensity cardio bursts designed to tone your body, improve your endurance and clear your mind. Modifications for all fitness levels are provided. Next session starts **Mon., Oct. 7-Fri., Nov. 29**. Cost is \$40, and there are three time slots; 5:15am, 6:00am, 6:30pm.

Level 1 Holy Yoga This is a perfect follow-up class for Holy Yoga 101 Workshop participants, beginners, or those with yoga experience. Breathing, yoga poses and intentional thinking come together in this 60-minute class. Scripture verses are interwoven to create a beautiful exercise of mind, body, and spirit. Class is on Mondays at 9:00am at the CLC. Next 4-week session begins **Oct. 7**. Cost is \$20.

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FITNESS

Welcome

Uptown Campus—Traditional Worship

October 6, 2019—8:30am

PRELUDE Abby Leaders

WELCOME / *CONGREGATIONAL GREETING

*OPENING PRAYER

*PROCESSIONAL HYMN

"Immortal, Invisible, God Only Wise" #103 vs. 1,3,4

*OPENING PRAYER

"Gloria Patri" #71

ANTHEM *"As a Deer"* Chancel Choir

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

"Be Still, My Soul" #534 vs. 1-2

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

*DOXOLOGY / *PRAYER OF DEDICATION

HYMN OF REFLECTION

"O Master, Let Me Walk with Thee" #430

SCRIPTURE Mark 10:35-45

SERMON *"Reversal of Power"* Rev. Angie Loomis

SACRAMENT OF HOLY COMMUNION

*HYMN OF SENDING *"Guide Me, O Thou Great Jehovah"* #127

*BENEDICTION / POSTLUDE

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Worship Hosts:

Greeters—Bruce & Nancy Bravard, Lois Lamansky, Paralee Lane, Carol Torrents

Ushers—Jim & Judi Logan, Vance & Jan Temeyer,

Organist: Kim Field Tech Support: Brett Pike Liturgist/Hymn Leader: Jeff Vaughan

Chancel Choir Director: José Clavell Chancel Choir Accompanist: Christine Stone

Our Mission:

To be an open and inviting community of faith through which God grows deeply committed Christians.

Our Method:

Worship | Connect | Respond



CONNECT Card

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Circle Worship Location/Time:

Uptown: 8:30 9:45 11:00

Faith Chapel: 9:00 10:30

Christian Life Center: Sat. 5:30

Sun. 9:00 10:45

Please update the following:

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Names and grades of children in

attendance: _____

I am a:

First Time Guest

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Guest less than 6 months

Prayer Requests

Prayers requested for anyone who is not a member of your family require that you have obtained their express permission to request prayers on their behalf.

Please select one.

Please put this on our public prayer chain.

Please keep this confidential to pastors and church staff only.

RESPOND

FITNESS

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Welcome

Uptown—Contemporary Worship

October 6, 2019—9:45am

WELCOME

*GATHERING/GATHERING SONG "Only King Forever"

*CALL TO WORSHIP

SPECIAL MUSIC "What a Beautiful Name" Kids of the Kingdom

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

"Fall Afresh"

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY "You Say"

*DOXOLOGY / *PRAYER OF DEDICATION

SONG OF REFLECTION "Lord, I Need You"

SCRIPTURE Mark 10:35-45

SERMON "Reversal of Power" Rev. Angie Loomis

SACRAMENT OF HOLY COMMUNION

*SONG OF SENDING "Build My Life"

*BENEDICTION

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Worship Hosts: Greeters—Kevin & Lois Scholbrock, Cathy Van Kley

Ushers—Rhonda Alessio, Deb Briggs, Rick & Vikki Vencil

Tech Support: Aaron & Alex Passick, Brett Pike

Kids of the Kingdom Director: Amity Wagner

Our Mission:

To be an open and inviting community of faith through which God grows deeply committed Christians.

Our Method:

Worship | Connect | Respond



UPTOWN CAMPUS: 206 SW Walnut Street

FAITH CHAPEL: 7384 NW 16th Street

CHRISTIAN LIFE CENTER: 710 NE 36th Street

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FITNESS

Welcome

**Christian Life Center
Contemporary Worship
October 6, 2019—9:00 & 10:45am**

*PRAISE

PRAYER

SACRAMENT OF BAPTISM (9:00)

CHILDREN'S TIME

OFFERING OF OURSELVES

SCRIPTURE

Mark 10:35-45

SERMON

“Reversal of Power”

Rev. John Wagner

SACRAMENT OF HOLY COMMUNION

*CLOSING SONG

**Please stand in body or spirit.*

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PRELUDE

WELCOME / *CONGREGATIONAL GREETING

*CALL TO WORSHIP

*PROCESSIONAL HYMN

"Immortal, Invisible, God Only Wise" #103 vs. 1,3,4

*OPENING PRAYER

"Gloria Patri" #71

ANTHEM *"As the Deer"* Chancel Choir

OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS

"Be Still, My Soul" #534 vs. 1-2

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

OFFERTORY

*DOXOLOGY / *PRAYER OF DEDICATION

HYMN OF REFLECTION

"O Master, Let Me Walk with Thee" #430

SCRIPTURE Mark 10:35-45

SERMON *"Reversal of Power"* Rev. Angie Loomis

SACRAMENT OF HOLY COMMUNION

*HYMN OF SENDING *"Guide Me, O Thou Great Jehovah"* #127

*BENEDICTION / POSTLUDE

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Organist: Kim Field Hymn Leader: Jan Boehm Liturgist: Rev. Mike Janes

Tech Support: Avonda Row, Marc Smith

Chancel Choir Director: José Clavell Chancel Choir Accompanist: Christine Stone

Our Mission:

To be an open and inviting community of faith through which God grows deeply committed Christians.

Our Method:

Worship | Connect | Respond



CONNECT Card

We're glad you're here!

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Email _____

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I am a:

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FITNESS

Welcome

Christian Life Center Contemporary Worship October 5, 2019—5:30pm

WELCOME / *PRAISE SONGS
OFFERING OUR PRAYERS, PRESENCE, GIFTS, SERVICE & WITNESS
PRAYERS OF THE PEOPLE / THE LORD'S PRAYER
OFFERTORY

SCRIPTURE Mark 10:35-45

SERMON "Reversal of Power" Pastor Lewis Cox

SACRAMENT OF HOLY COMMUNION

*CLOSING SONG

*BLESSING

**Please stand in body or spirit.*

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FITNESS

Welcome

Faith Chapel—Traditional Worship

October 6, 2019—9:00am

PRELUDE

WELCOME

ANNOUNCEMENTS

*CALL TO WORSHIP

*OPENING HYMN "Immortal, Invisible, God Only Wise" #103 vs. 1,3,4

*PRAYER OF CONFESSION

*WORDS OF PARDON AND ASSURANCE

*OUR RESPONSE "Glory Be to the Father" #70

*PASSING OF THE PEACE

PRAYERS OF THE PEOPLE ~JOYS, CELEBRATIONS & CONCERNS

OFFERTORY

*DOXOLOGY / PRAYER OF DEDICATION #95

SERMON HYMN "O Master, Let Me Walk with Thee" #430

SCRIPTURE Mark 10:35-45

SERMON "Reversal of Power" Pastor Lewis Cox

SACRAMENT OF HOLY COMMUNION

*HYMN OF DEDICATION "Guide Me, O Thou Great Jehovah" #127

*BENEDICTION/BENEDICTION SONG

**Please stand in body or spirit.*

Today's Worship Helpers are listed below:

Audio/Video: Dean Pollpeter Keyboard: Claire Brown

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Faith Chapel—Casual Worship October 6, 2019—10:30am

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*PRAISE SONGS

PRAYERS OF THE PEOPLE/JOYS, CELEBRATIONS, & CONCERNS

OFFERTORY

"Behold the Lamb"

SCRIPTURE

Mark 10:35-45

SERMON

"Reversal of Power"

Pastor Lewis Cox

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