

# WELCOME!

**WELCOME TO OUR GUESTS!** We're happy you are worshipping with us today and pray you will experience the love of Christ through our church. Each week we invite everyone to sign the **Friendship Pads** as one way to get better acquainted. To learn more about our church, pick up a copy of our newsletter, in-Site(s), available at each worship site or visit our website—[www.AnkenyFUMC.org](http://www.AnkenyFUMC.org).

**ESPECIALLY FOR CHILDREN** Children are always welcome in worship, and "Worship Bags" with children's activities are available for them to use. Quality childcare is provided on Sunday mornings for infants and toddlers, as well as Sunday School for children ages 3 and up. Just ask an usher for assistance in finding the nursery or Sunday School rooms. A "Wee Care" Room is located in the balcony of the Uptown Sanctuary, so little ones can play while parents watch and listen to worship.

**SOUL FOOD CAFÉ** All are invited to our informal meal Wednesday evenings during the school year between 5:00-6:30pm in our Uptown Fellowship Hall. Cost: \$3 per person (\$10 per family). NO reservations needed! Check the church website to see what's on the menu this week under "Groups & Study".

**SPECIAL NEEDS** At our Uptown location, large print hymnals and bulletins and wireless hearing aids are available—ask an usher for assistance.

**FELLOWSHIP** You are all invited to Fellowship Time! **Uptown:** Between the three Sunday services in Fellowship Hall. **Faith Chapel:** After both services in Fellowship Hall. **Christian Life Center:** Between both services. **Spirit Alive:** Before worship.

**FOR THOSE WHO GIVE ELECTRONICALLY** If you make your church contributions on-line, but still find it meaningful to put something in the offering plate, you will find a small basket of cards at each worship site which say, "I give electronically." Pick one up weekly and put it in the offering plate. To donate from your smart phone, use the mobile version of our online giving page at any time. Simply scan the image you see here using your phone's QR code reader.

**WE'RE GLAD YOU WORSHIPPED WITH US TODAY!**  
Next week we will continue the sermon series, "Because We Believe".  
**Uptown Saturday & Sunday:** "What Do You Do with a Two-Legged Tri-Pod?"  
Rev. Scott Hibben  
**Christian Life Center:** "Get Your Priorities Straight!" Rev. Angie Loomis  
**Faith Chapel:** "Making It Fit" Rev. Thom Bryant

## FEATURED INFORMATION THIS WEEK

### TODAY IS WORLD COMMUNION SUNDAY



The tradition of World Communion Sunday originated in the United States in the 1930's, a time of great economic turmoil and the rise of militaristic fascism in Europe. The National Council of Churches endorsed the concept in 1940 and the practice soon was followed worldwide. In the United Methodist Church, we

have always had an open communion table—all are welcome to share in this sacramental meal instituted by Jesus. As you receive communion today, please pray for fellow Christians around the world, especially in those areas where persons are not free to publically express their faith. Our special United Methodist World Communion Offering is designated for international and ethnic scholarship programs, training Christian leaders here and around the world.

### 2 X 2 RECITAL

Thru our *Con Spirito Recital Series*, a recital will be held TODAY, Sunday, **October 5**, at 3:00pm in the Uptown Sanctuary. This recital is entitled "**2 X 2**" and will feature duets by the musicians of our congregation. A free will offering will benefit the Organ Replacement fund.

### HEALTHIEST STATE WALK

AFUMC will be a part of the Healthiest State Initiative by holding four organized walks on **October 8!** Everyone is invited to walk one kilometer (.62 miles). AFUMC pastors will lead a devotion and prayer prior to our walk. **Walk times:** CLC—9:40am, Faith Chapel—5:30pm, Uptown at 6:15pm, and the CLC—7:00pm.

### WORSHIP SERVICES

Uptown: 206 SW Walnut St ~ 964-4249  
Saturdays 5:00pm ~ Blended  
Sundays 8:30am ~ Traditional  
9:45am ~ Contemporary  
11:00am ~ Spirited Traditional  
Christian Life Center: 710 NE 36th St ~ 289-9153  
Saturdays 7:15pm ~ "The Road"  
Sundays 9:00am & 10:45am ~ Contemporary  
Faith Chapel: 7384 NW 16th St ~ 289-2171  
Sundays 9:00am ~ Traditional  
10:30am ~ Contemporary

### SUNDAY SCHOOL

Uptown: 9:45 & 11:00am  
~ 3yr old -7th grade  
**Christian Life Center:**  
9:00am & 10:45am  
~ 3yr old -7th grade  
**Faith Chapel:**  
10:30am ~ 3yr old-3rd grade  
**Nursery available at all Sunday services.**

**Ministers:** All God's People  
**Lead Pastor:** Scott Hibben  
**Administrative Pastor:** Angie Loomis  
**Associate Pastors, Faith Chapel:** Thom Bryant, Dick Pfaltzgraff  
**Associate Pastor, CLC:** John Wagner  
**Associate Pastors, Thrive UMC:** Jeremy Poland, Jen Hibben  
**Director of Worship Ministry:** Jan Boehm  
**Director of Children & Family Ministries:** Pat Crownover  
**Director of Youth Ministry:** Rick Webb  
**Associate Director of Youth Ministry:** Theresa Bargfrede  
**Director of Small Group Ministry:** Lindsay Drake  
**Director of Care & Connection Ministry:** Jacque Coulson  
**Director of Sports Ministry:** Traci Schermerhorn  
**Minister of Visitation:** Charles Tefft, Duane Churchman  
**Email staff at:** [firstname.lastname@AnkenyFUMC.org](mailto:firstname.lastname@AnkenyFUMC.org)

**Deadlines: Bulletin →Tuesdays 5:00pm; Nov 1 Newsletter →Oct 15**

### FOR A COMPLETE LISTING OF AFUMC EVENTS & OPPORTUNITIES:

Pick up a weekly calendar at any worship location (ask an usher for assistance) or go to our website: [www.AnkenyFUMC.org](http://www.AnkenyFUMC.org).

**Al-Anon**  
Mondays, 7:00pm, Upt Rm 314  
**AA**  
Wednesdays, 8:00pm, Upt Rm 314  
Fridays, 6:00pm, Upt Rm 314  
Saturdays, 6:30pm, Upt Rm 314  
Wednesdays, 6:00pm, CLC Rms 103-104  
Contact Gene & Marilyn Sewell  
(964-0041) with questions.



**Ankeny First United Methodist Church** is a Stephen Ministry Congregation.



**Bright Beginnings Preschool**  
Any questions, please contact Missy Starr: 229-0667

### THE ROAD OF RECOVERY

**REAL. LIFE. CHANGE.** Saturdays at the Christian Life Center. 6:00pm pizza and salad supper; 7:15pm worship; 8:00pm Recovery Group breakout. While this ministry and worship focuses on those recovering from addictions, friends and family members of those recovering, and those having trouble meeting life on life's terms, it is open to all. *The Road's 24 hour contact number, 515-777-8333, is "always on" and we are here to help.*

**3 Locations ~ 9 Worship Services**  
**1 Congregation United in Christ!**  
Uptown Campus ~ Faith Chapel ~ Christian Life Center  
[www.AnkenyFUMC.org](http://www.AnkenyFUMC.org)  
[AnkenyFUMC@AnkenyFUMC.org](mailto:AnkenyFUMC@AnkenyFUMC.org)



# Ankeny First United Methodist Church



**UPTOWN CAMPUS:** 206 SW Walnut Street  
**FAITH CHAPEL:** 7384 NW 16th Street  
**CHRISTIAN LIFE CENTER:** 710 NE 36th Street

**Our Mission:**  
*To be an open and inviting community of faith through which God grows deeply committed Christians.*

**Our Vision:**  
*INVITE people into Christ's Body.*  
*INSPIRE them to become more like Jesus.*  
*IMPROVE the lives of those in need.*

**OCTOBER 5, 2014**

# Uptown Campus ~ Traditional Worship

## October 5, 2014 ~ 8:30am

PRELUDE "Rondo" [Clarke] Woodwind Ensemble  
 WELCOME/WORSHIP FOCUS  
 \*CONGREGATIONAL GREETING  
 \*CALL TO WORSHIP  
 \*PROCESSIONAL HYMN "Praise to the Lord, the Almighty" #139  
 \*OPENING PRAYER: O God in whom we live and move and have our being, we come into your presence to sing your praise. So draw up each prayer of our hearts into one harmony of worship and service, that we might truly be one body in Christ. Accept the words of our mouths and the thoughts of our hearts, for we are yours in Christ Jesus. Amen.  
 \*WORDS OF PARDON AND ASSURANCE  
 ANTHEM "My Shepherd Will Supply My Need" [arr. Wilberg] Chancel Choir  
 PRESENTATION OF KINDERGARTEN BIBLES/TIME WITH THE CHILDREN  
 PRAYERS OF THE PEOPLE / THE LORD'S PRAYER  
 PRAYER HYMN "The King of Love My Shepherd Is" #138 vs. 1, 2, 6  
 SCRIPTURE Luke 4:1-12  
 SERMON "Whose Side Are You On?" Rev. Scott Hibben  
 THE APOSTLES' CREED #881 / RESPONSE #71  
 OFFERING OUR GIFTS TO GOD  
 MINISTRY HIGHLIGHTS  
 OFFERTORY "If Thou Art With Me (Bist du bei mir)" [Bach] Woodwind Ensemble  
 \*DOXOLOGY  
 \*PRAYER OF DEDICATION  
 SACRAMENT OF HOLY COMMUNION  
 \*HYMN OF DEDICATION "Sent Forth by God's Blessing" #664  
 \*BENEDICTION  
 \*CHORAL BENEDICTION "Take My Life and Let It Be"  
 POSTLUDE

*\*Please stand if you are able.*

Note: Please silence all cell phones & refrain from flash photography during worship.

**SERMON REFLECTION QUESTIONS** During the coming week, we encourage you to consider these questions in your personal prayer time or small group discussions:

1. Have you ever been victim to someone else's lie? What did it do to you/others around you?
2. How have the world's lies about your life with God diminished you?
3. Because you believe, what does it truly mean to trust God with your all?

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**PRAYERS:** The following are some of our joys and concerns:

**Hospitals:** Mercy: Bob Jerome, Don Pearson **Methodist:** Sharon Sease, Foster Wilken **Sunnyview:** Horace Wells **Discharged:** Bonnie Barton, Bud Lister, Verland McColly, Amy McGee

**Altar Flowers:** In honor of Breast Cancer Awareness Month and Race for the Cure.

**Sympathy to:** ♦ Kirk Brown on the death of his mother, Nancy, on September 25.

**Baptism:** ♦ (Spirit Alive 5:00) Nikki Ault; Lizzie & Natalie Doering; Taylor Peterson.

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 Total Organ Donations \$22,961.70

**SERVICE:** Today's Worship Helpers are listed below.

**Ushers:** Head Ushers: Doug & Karen Altman; Veda & Terry Bergeson, Denny & Donna Winders

**Greeters:** Matt, Heidi, Brandon & Riley Heilskov, Susan Rhoades

**Chancel Choir Director:** Melody Webb **Chancel Choir Accompanist:** Christine Stone

**Organist:** Mark Shultz **Sound:** Brett Pike **Powerpoint:** Caleb Webb **Fellowship Servers:** Agape Garden

# Opportunities for Ministry & Growth

www.AnkenyFUMC.org

## NEWS TO KNOW

**UPTOWN COMMUNION SERVERS NEEDED** We need more volunteers to help offer the sacrament in a meaningful way! If you are willing to help at our Uptown services, please sign the **MINISTRY OPPORTUNITIES** tear-off and indicate your preferred time.

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**IT'S TIME TO SIGN UP FOR THE FAMILY CHRISTMAS PROJECT** The Family Christmas Project is an opportunity to purchase Christmas gifts for families who might not otherwise receive any. You can register on-line for the number of individuals you wish to help **between now and November 17**. Paper sign-up copies are available at each Ankeny FUMC site. The assigned families will be distributed by e-mail by **Nov. 23**, and gifts can be returned to the Uptown Lounge **December 12-14**. Spending suggestions: a minimum of \$35/child. Questions? Contact Tammy Engebretsen, [tammie4@gmail.com](mailto:tammie4@gmail.com).

**ANNUAL SOUP SUPPER & AUCTION AT FAITH CHAPEL OCTOBER 11** Enjoy a delicious soup supper of vegetable beef and chicken noodle soups, relish, bread, dessert and a beverage from 5:00-7:00pm. Auction begins at 6:00pm. Drawing for handmade quilt during auction (\$1 tickets available at the door). Cost for the all-you-can-eat supper: \$8/adult; \$5/children 12 and under. Proceeds go to missions.

**BOOTCAMP SESSION** Bootcamp is an 8-week session designed to push participants harder than they'd push themselves. Although our instructors will push you, our goal is to offer encouragement rather than intimidation. Registration fee is \$40. Our next session goes from **October 13-December 5**. Classes are Monday-Friday at 5:15 or 6:00am. Registration is available online at [www.ankenyfumc.org/bootcamp.htm](http://www.ankenyfumc.org/bootcamp.htm).

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Carry out available from 5:00-6:30pm. *Volunteers are needed!* Donations are also needed for the Boutique & Bake Sale! Bring your craft items, baked goods, jellies, jams, candy, etc., to the Uptown Narthex Tuesday morning, **October 14**. If you have any questions about the boutique/bake sale, call Janet Lebsack, 515-314-8143.

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## YOUTH NEWS

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**MILITARY MINISTRY MOVES FORWARD** 20 people have expressed interest in supporting veterans and military families, but they are still deciding on the goals and actions of this ministry. If you would like to be part of the decision-making discussions, plan to attend the next meeting TOMORROW evening, **October 6** at 7:00pm in the Uptown Lounge. We want to get your input! Questions? Contact Jacque Coulson, 964-4249.

## CHILDREN & FAMILIES

**AFUMC BASKETBALL "SKILLS AND DRILLS" PROGRAM** **October 20-November 17**. This opportunity for boys and girls in Kindergarten-5th grades, allows them to work on the fundamentals of basketball, and being a team player. Open to everyone in the community, not just those who attend AFUMC. Sessions includes a devotion. Questions? 289-9153.

♦ Kindergarten: Monday, 5:45-6:30pm ♦ 1st Grade: Tuesday, 5:45-6:30pm  
 ♦ 2nd & 3rd Grades: Tuesday, 6:45-7:30pm ♦ 4th & 5th Grades: Monday, 6:45-7:30pm

**YOU ARE INVITED TO OUR ANNUAL AFUMC "TRUNK-OR-TREAT" EVENT** Mark your calendars for Sunday, **October 19** from 1:00-3:00pm at the Christian Life Center! Bring your family and friends and enjoy games, free food, lots of trunk-or-treating AND tour a "Haunted Semi"! There are many ways you can volunteer for this event—see the **MINISTRY OPPORTUNITIES** below to sign up!

## MISSION & OUTREACH

**INGATHERING HEALTH KITS NEEDED!** Haitian children have been added to the list of those needing health kits this year so the need is greater than ever. Directions to complete a kit are located in the CLC and Uptown church offices. Please return to the designated bins at those two locations by **October 12**. First kit packing day will be **October 13**.

**VOLUNTEER AT BIDWELL RIVERSIDE CENTER!** Help with food and clothing distribution at Bidwell Riverside Distribution Center on Wednesday, October 15, at one of two shifts-- 9:30am-12:30pm or 12:30-3:30pm. We meet at 9:00am and 12 noon in the north Uptown parking lot to carpool to Des Moines. The only skills needed are a smile and a helping hand! The entire church is invited to join in this effort, men and women, young and formerly young. Please call Pam Heilskov at 515-257-0557 or [pjheilskov@gmail.com](mailto:pjheilskov@gmail.com) if you have questions or to let her know that you plan to go. Instructions provided for newcomers.

----- (Place in offering plate or return to Church Office) -----

### MINISTRY OPPORTUNITIES - OCTOBER 5, 2014

- I want to volunteer for the AFUMC Trunk-or-Treat in the following way(s):  
 \_\_\_ Decorate Car Trunk \_\_\_ Grill Hot Dogs \_\_\_ Donate Cookie Frosting  
 \_\_\_ Donate Candy \_\_\_ Supervise Games
- I would like to help serve Communion at the following Uptown service(s):  
 8:30  9:45  11:00

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

# Uptown Campus ~ Contemporary Worship October 5, 2014 ~ 9:45am

## GATHERING SONG

### WELCOME / WORSHIP FOCUS

INTROIT "Imagine" Kids of the Kingdom

\*CONGREGATIONAL GREETING

\*PRAISE SONG

## PRESENTATION OF KINDERGARTEN BIBLES/CHILDREN'S TIME

### PRAYER TIME/PRAYER SONG

#### SCRIPTURE

Luke 4:1-12

#### SERMON

"Whose Side Are You On?"

Rev. Scott Hibben

### THE APOSTLES' CREED #881

Response

### OFFERING OUR GIFTS TO GOD

#### MINISTRY HIGHLIGHTS:

#### OFFERTORY

"Whom Shall I Fear" [Chris Tomlin] Linda Baker

### SACRAMENT OF HOLY COMMUNION

#### \*BENEDICTION SONG

*\*Please stand if you are able.*

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**Sound:** Brett Pike **Powerpoint:** David Green **Kids of the Kingdom Director:** Melody Webb

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Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Christian Life Center ~ Contemporary Worship**  
**October 5, 2014 ~ 9:00am & 10:45am**

**\*PRAISE**

**PRAYER**

**PRESENTATION OF KINDERGARTEN BIBLES/CHILDREN'S TIME**

**SCRIPTURE**

Matthew 6:25-34

**SERMON**

“Whose Side Are You On?”  
 Rev. John Wagner

**OFFERING OF OURSELVES**

**SACRAMENT OF HOLY COMMUNION**

**\*CLOSING SONG**

*\*Please stand if you are able.*

Note: Please silence all cell phones & refrain from flash photography during worship.

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1. Can you play for two different/competing sports team?
2. What does our "dress" say about God?
3. What are we missing today when we serve tomorrow?

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## Uptown Campus ~ Spirited Traditional Worship October 5, 2014 ~ 11:00am

PRELUDE "Rondo" [Clarke] Woodwind Ensemble  
 WELCOME/WORSHIP FOCUS  
 \*CONGREGATIONAL GREETING  
 \*OPENING HYMN "Praise to the Lord, the Almighty" #139  
 \*GATHERING SONG "All the People Said Amen"  
 ANTHEM "My Shepherd Will Supply My Need" [arr. Wilberg] Chancel Choir  
 PRESENTATION OF KINDERGARTEN BIBLES/TIME WITH THE CHILDREN  
 JOYS & CONCERNS/PRAYERS OF THE PEOPLE / THE LORD'S PRAYER  
 PRAYER SONG "Hungry"  
 SCRIPTURE Luke 4:1-12  
 SERMON "Whose Side Are You On?" Rev. Scott Hibben  
 THE APOSTLES' CREED #881 / RESPONSE  
 OFFERING OUR GIFTS TO GOD  
 MINISTRY HIGHLIGHTS  
 OFFERTORY "If Thou Art With Me (Bist du bei mir)" [Bach] Woodwind Ensemble  
 \*DOXOLOGY  
 SACRAMENT OF HOLY COMMUNION "Agnus Dei"  
 \*HYMN OF DEDICATION "Sent Forth by God's Blessing" #664  
 \*BENEDICTION  
 \*CHORAL BENEDICTION "Take My Life and Let It Be"  
 POSTLUDE

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**SERVICE:** Today's Worship Helpers are listed below.

**Ushers:** Head Usher: Randy Miller; Pat Glover, Kerry Ostring, Karen Underhill

**Greeters:** Cindy Crouch, Ken & Maxine Dass

**Fellowship Servers:** Agape Garden

**Chancel Choir Director:** Melody Webb **Chancel Choir Accompanist:** Christine Stone

**Worship Team:** Psalm 1 **Organist:** Jan Boehm **Sound:** Brian Crouch

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**Uptown Campus ~ Spirit Alive Blended Worship  
October 4, 2014 ~ 5:00pm**

**WELCOME/WORSHIP FOCUS**

**\*CONGREGATIONAL GREETING**

**\*SING PRAISE TO GOD** "Praise to the Lord, the Almighty"  
"Today Is the Day"  
"Blessed Be Your Name"

**SACRAMENT OF BAPTISM**

**Congregational Pledge:** With God's help we will proclaim the good news and live according to the example of Christ. We will surround these persons with a community of love and forgiveness, that they may grow in their service to others. We pray for them, that they may be true disciples of who walk in the way that leads to life.

**JOYS & CONCERNS**

**PRAYERS OF THE PEOPLE/LORD'S PRAYER**

**PRAYER SONG** "Hungry"

**SCRIPTURE** Luke 4:1-12

**SERMON** "Whose Side Are You On?" Rev. Scott Hibben

**THE APOSTLES' CREED / RESPONSE**

**OFFERING OUR GIFTS TO GOD**

**MINISTRY HIGHLIGHTS:**

**OFFERTORY**

**\*DOXOLOGY**

**SACRAMENT OF HOLY COMMUNION**

**\*PARTING MUSIC** "Sent Forth by God's Blessing"

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**Powerpoint:** Laddie Devine **Worship Team:** Jan Boehm, Alicia Carlberg, Dj Swope

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# Faith Chapel ~ Traditional Worship

## October 5, 2014 ~9:00am

### PRELUDE

### WELCOME / ANNOUNCEMENTS

#### \*CALL TO WORSHIP

\*OPENING HYMN "Gather Us In" TFWS #2236

#### \*PRAYER OF CONFESSION

#### \*WORDS OF PARDON AND ASSURANCE

\*OUR RESPONSE "Glory Be to the Father" #70

#### \*PASSING OF THE PEACE

### PRAYERS OF THE PEOPLE ~JOYS & CONCERNS

SERMON HYMN "Lord Whose Love Through Humble Service" #581

SCRIPTURE READING I Kings 17:10-16; Matthew 6:25-34

SERMON "Whose Side Are You On?" Rev. Thom Bryant

### OFFERTORY

\*DOXOLOGY & PRAYER OF DEDICATION #95

### SACRAMENT OF HOLY COMMUNION

\*HYMN OF DEDICATION "Sent Forth by God's Blessing" #664

### \*CLOSING BLESSING / BENEDICTION SONG

### \*POSTLUDE

*\*Please stand if you are able.*

*Join us for fellowship downstairs in the Fellowship Hall.*

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# Faith Chapel ~ Contemporary Worship

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WELCOME / WORSHIP FOCUS

ANNOUNCEMENTS

PRESENTATION OF KINDERGARTEN BIBLES

\*PASS THE PEACE OF CHRIST

\*PRAISE SONGS

A TIME OF PRAYER

SCRIPTURE READING

I Kings 17:10-16; Matthew 6:25-34

SERMON

“Whose Side Are You On?”

Rev. Thom Bryant

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**MILITARY MINISTRY MOVES FORWARD** 20 people have expressed interest in supporting veterans and military families, but they are still deciding on the goals and actions of this ministry. If you would like to be part of the decision-making discussions, plan to attend the next meeting TOMORROW evening, **October 6** at 7:00pm in the Uptown Lounge. We want to get your input! Questions? Contact Jacque Coulson, 964-4249.

## CHILDREN & FAMILIES

**AFUMC BASKETBALL “SKILLS AND DRILLS” PROGRAM October 20–November 17.** This opportunity for boys and girls in Kindergarten-5th grades, allows them to work on the fundamentals of basketball, and being a team player. Open to everyone in the community, not just those who attend AFUMC. Sessions includes a devotion. Questions? 289-9153.

♦ Kindergarten: Monday, 5:45-6:30pm ♦ 1st Grade: Tuesday, 5:45-6:30pm  
♦ 2nd & 3rd Grades: Tuesday, 6:45-7:30pm ♦ 4th & 5th Grades: Monday, 6:45-7:30pm

**YOU ARE INVITED TO OUR ANNUAL AFUMC “TRUNK-OR-TREAT” EVENT** Mark your calendars for Sunday, **October 19** from 1:00-3:00pm at the Christian Life Center! Bring your family and friends and enjoy games, free food, lots of trunk-or-treating AND tour a “Haunted Semi”! There are many ways you can volunteer for this event—see the **MINISTRY OPPORTUNITIES** below to sign up!

## MISSION & OUTREACH

**INGATHERING HEALTH KITS NEEDED!** Haitian children have been added to the list of those needing health kits this year so the need is greater than ever. Directions to complete a kit are located in the CLC and Uptown church offices. Please return to the designated bins at those two locations by **October 12**. First kit packing day will be **October 13**.

**VOLUNTEER AT BIDWELL RIVERSIDE CENTER!** Help with food and clothing distribution at Bidwell Riverside Distribution Center on Wednesday, October 15, at one of two shifts-- 9:30am-12:30pm or 12:30-3:30pm. We meet at 9:00am and 12 noon in the north Uptown parking lot to carpool to Des Moines. The only skills needed are a smile and a helping hand! The entire church is invited to join in this effort, men and women, young and formerly young. Please call Pam Heilskov at 515-257-0557 or [pjheilskov@gmail.com](mailto:pjheilskov@gmail.com) if you have questions or to let her know that you plan to go. Instructions provided for newcomers.

----- (Place in offering plate or return to Church Office) -----

### MINISTRY OPPORTUNITIES – OCTOBER 5, 2014

- I want to volunteer for the AFUMC Trunk-or-Treat in the following way(s):  
 Decorate Car Trunk  Grill Hot Dogs  Donate Cookie Frosting  
 Donate Candy  Supervise Games
- I would like to help serve Communion at the following Uptown service(s):  
 8:30  9:45  11:00

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_